

Maryborough District Health Service partnering with Bounce



Maryborough District Health Service has been providing quality healthcare services to Maryborough and its surroundings for over 150 years. With over 480 staff and a large leadership team, MDHS recognised the importance of building the skills of its people using the Coaching Skills for Leaders program.

MDHS has three campuses and provides a wide range of health services - treating over 10,000 patients annually. With so many people to care for, managing the number of people required to lead is considerable.

In 2023, MDHS committed to putting all its team leaders and managers through Coaching Skills for Leaders training. Over 70 people have completed the training, and the knowledge and skills developed have had a profound impact on the culture in the workplace. Their leaders are confident and comfortable with hard conversations and know how to leverage the strengths of their people. They have improved their listening skills and communicate clearly with purpose and meaning.

MDHS CEO, Nickola Allan understands the importance of building a workplace culture that focuses on the health and positive wellbeing of their employees.

"Coaching Skills for Leaders provided our leaders with invaluable communication skills, a deep level of awareness around their leadership styles and the confidence to become courageous leaders. They are able to use their coaching skills to better support their teams, and we're excited to build on our positive wellbeing culture using the strategies and techniques from the program.

Maria is an incredible facilitator, and her energy and presence is so engaging and inspiring. We've received amazing feedback from the staff that trained with her and recommend any organisations looking to develop their people to participate in Coaching Skills for Leaders."





What's it like to do Coaching Skills for Leaders?

With so many leaders going through the program, the feedback has been insightful and inspiring. Keep up the great work MDHS!

Participant insights:

"This workshop was engaging and helped me to further develop my skills as a leader. It has helped me to understand different strategies that I can use as a leader to support and get the best out of my team."



- Jamie Oxford

"I hope to participate in further Bounce training sessions in the future. I truly think this is an amazing opportunity for the organisation to support all staff on this journey of realising oneself and being the best version of oneself."



- Jess Jacka

"I have a great new perspective and lots of new tools at my fingertips to start the journey of being a better leader. It will take time to trial the learnings as I reflect on what we have covered and build new habits. I am confident I can be a better leader with my own team and working with colleagues across the organisation."



- Katie Perry

"Coaching Skills for Leaders has had a profound impact on my feelings of positivity. I would highly recommend this for leaders of all levels. After years of leadership experience I can say I have loads of take away. I thoroughly enjoyed the training and am excited to take these skills back into the workplace."



- Jessica Jones